



CURRICULUM VITAE

NICO
RESTA

- ADDRESS 58 Chipping Rd – City Beach – WA
- CONTACT NUMBER 0499369395
- LANGUAGES English – Spanish - Italian
- EMAIL nicoresta@gmail.com

RELEVANT QUALIFICATIONS

2020	Diploma in Sport Development Australia	Fit Education
2018	Sports Code Video Manager Level 1 Australia	Sports Code
2017	National Hockey Coach Level 2 – Hockey Ed Australia	Hockey WA
2013	National Tennis Coach (Argentina)	ATA

PROFESSIONAL EXPERIENCE (EMPLOYMENT HISTORY)

Employer: ECU Edith Cowan University Perth

Period of Employment: 2019-2020

Position: Sports Lecturer

Reports to: Zane Mc Donald - 3rd Year Exercise & Sports Science Practicum Coordinator

Key Duties:

1. Lecture planning, preparation and research, on field trainings, white board technical sessions.
2. Contact and teaching time with students

3. Checking and assessing students work, online test as well as practical exams on field.
4. Attending staff meetings to discuss
 - Progress of the student unit.
 - Share pros and cons within the teaching dynamics.
 - Improve learning curve efficiency.
5. Health and safety duties.
 - Provide a safe work environment and implement safe systems of work;
 - Integrate WHS into all planning activities and operations;
 - Implement systems for the notification and recording of workplace incidents;
 - Implement effective systems for monitoring the health of students and workplace conditions;
 - Provide adequate information, training, instruction and supervision;
 - Establish measurable objectives and targets to ensure continuous improvement.

Employer: Penrhos College

Period of Employment: March 2015 – Dec 2017

Position: Sports Coach

Reports to: Terri Robbins – Director of Sport

Key Duties:

1. Work in an operational environment that involves:
 - Developing and facilitating recreational activities for students from Middle School.
 - Facilitating and co-facilitating classes/programs
 - Counselling and conferring with students. Providing guidance. Assist with resolution of problems.
2. Develop, undertake and facilitate case management for students in liaison with a wide range of service providers and stakeholders.
3. Actively participate as a member of the Student Services Team and contribute to the effective delivery of appropriate support to students from Middle and Senior School.
4. Oversee and supervise students undertaking placement in the school.

Employer: Hockey WA

Period of Employment: March 2017 – Dec 2018

Position: High Performance Leading Coach (Hockey)

Reports to: Jason Butcher – High Performance Manager

Key Duties:

1. Develop working relationship and create collaborative environments.
2. To write weekly reports and to hold verbal meetings every fortnight regarding Coaches performance and athlete development, conveying progress and obstacles, informing to the board and to other leading coaches.
2. Deliver Hook in 2 hockey Program in more than 25 different schools around Perth Metropolitan Areas. Introducing kids from year 4 to year 8 into the fundamentals of hockey along with sports values and how to apply them in their daily life.
3. Deliver Hockey camps and carnivals, in regional areas to promote the sport and capacitate coaches outside the Metropolitan area.
4. To plan training sessions in blocks of 4 weeks based on a previous analysis of the needs of each training group considering age, physical/mental condition and skill level. Identify progress or lack of it and adapt the original program to the new situation.
5. Train the assistant coach group within the HP team, for the correct implementation of our training objectives and learning methodology.
6. Assess, manage and implement Health and Safety procedures.
7. Video Performance Analysis Manager at AHL (Australian Hockey League). Capacitated workers to record and code games in real time.

Key Achievements:

1. I have trained and prepared elite players for the AHL, some of them who were also involved in the National Team, with high rates of success.
2. We have achieved an increment of 20% new junior players at club level after 4 terms of Hook in 2 hockey program implementation.
3. I have trained and prepared elite players for the AHL, some of them who were also involved in the National Team, with high rates of success.
4. I assisted in the organization and participated as a leading coach in 4 camps in WA Southern areas (Year 6 to 11/12). Each camp was successful.
5. I have delivered coded footage to over 16 state senior teams (men and women) for more than 70 games, during the AHL2017 (Australian Hockey League) National Tournament. Processing video on 2 recording towers working simultaneously in 2 different Hockey turfs.

Employer: Planet Gym

Period of Employment: Dec 2007 – Dec 2009

Position: Fitness Studio Manager

Reports to: Pedro Imhoff – General Manager

Key Duties:

- Hire, train and supervise staff.
- Financial management (budgeting)
- Improve profitability organising and delivering numerous training programs.
- Analyse and devise financial records.
- Training material management and maintenance.
- Enforce laws and regulations for health and safety on site.
- Maintain high standards of customer service.
- Perform administrative tasks.
- Promote and advertise the business.

Hockey Coaching History

- ♦ **2018** HEAT and TAP Leading Coach (**Hockey WA, Perth**)
CD22 Leading Coach
- ♦ **2017** U18 Old Aquinas HC Women
1s Women Withfords HC (**Perth Australia**)
U21 Hockey WA State Team
- ♦ **2016** U16 Gantoise HC - **Champions (Belgium)**
1s Men Kalamunda HC - **Top of the Ladder (Perth, Australia)**
Staff Member CD 22 High Performance Academy (**Perth, Australia**)
- ♦ **2015.** 2s Team Senior Ladies Coach OAHC (**Perth, Australia**)
1s Women OAHC Assistant Coach (**Perth, Australia**)
Staff Member CD 22 High Performance Academy (**Perth, Australia**)
- ♦ **2013** Under 18 Coach AHTC Wien (**Vienna, Austria**)
- ♦ **2011** 1s Women Atlético Municipal (**Argentina**)
- ♦ **2010** 1s Women “B” Division of Gimnasia y Esgrima Hockey Club (**Argentina**)
Young Goalkeepers Coach in CH Barrocas (**Spain**)
Under 18 Coach in S.G Amsicora (**Italy**)
- ♦ **2009** 1s Women “B” Division of Gimnasia y Esgrima Hockey Club (**Argentina**)
- ♦ **2007** 1s Women “B” Division of Gimnasia y Esgrima Hockey Club (**Argentina**)
- ♦ **2005-08.** 1s Women “C” Division of Gimnasia y Esgrima Hockey Club (**Argentina**)

SKILLS & ELIGIBILITY

EMPLOYMENT ELIGIBILITY	SKILLS
• National Police Clearance • Working With Children Check • Senior First Aid Cert	• Spanish - Native • English – Fluent • Italian – Advanced • Microsoft Office – Advanced • Social-Media – Advanced • Sports: Hockey, Soccer, Rugby, Volleyball, Basketball, etc

REFERENCES

Zane Mc Donald 3rd Year Exercise & Sports Science Practicum Coordinator
Edith Cowan University
School of Medical and Health Sciences
63042726
z.mcdonald@ecu.edu.au

Stephen Davies. International Athlete/coach (Olympic Medalist)
chinadavies@me.com
MN: 0421705501

Jason Butcher High Performance Manager Hockey WA, Perth Australia
butcherj22@icloud.com
MN: 0405726706

DIPLOMA & CERTIFICATES



LEVEL 2 COACH

PRACTICAL COMPETENCY CHECKLIST

The practical assessment requires the coach to demonstrate the competencies during a minimum of one training session, and one match. Evidence of competencies can be shown at training and competition for full field hockey.

Training session length: Minimum of 60 minutes

Who can access: Hockey Australia or State/Territory approved Assessor

(Note: Assessors are not responsible for the coach's performances in any future sessions).

Assessment Date: 24/6/18

Purpose of Assessment: ☒ New Accreditation ☐ Renewal ☐ Upgrade ☐ RCC

Candidate Name: Nico Resta

D.O.B: 31/10/1985

Email: NicoResta@gmail.com

Postal Address: 58 Chipping Road, City Beach, WA 6015

Club/Association: Old Aquinians / Hockey WA

Assessor Name: _____

Assessor qualification: _____

☐ Hockey Australia or State/Territory approved Assessor

Signatures

Nico Resta

Name of Candidate

Signed

Date

Marc Pile

Name of Assessor

27/6/18

Signed

Date

(By signing this form I acknowledge and agree to abide by Hockey Australia's Coaches Code of Behaviour which can be viewed at hockey.org.au).

2018 VERSION

COMPETENCIES

☒ COMPETENT
☐ NOT YET
 COMPETENT

ASSESSORS COMMENTS
 (Evidence/not enough, feedback)

MANAGE SELF	MATCH	TRAINING	
26. Plan and prepare progressive training sessions to achieve identified objectives (training plan)			
27. Plan and prepare to achieve identified match objectives (game plan)			
28. Review training sessions and match coaching performance (self analysis)			
MANAGE ATHLETES	MATCH	TRAINING	
29. Conduct a training session			
29. Perform role of match day coach			
30. Devise training sessions that are designed to meet identified objectives			
31. Coach technical hockey skills and tactics (including goal keeping)			
32. Instruct players in the requirements of playing positions			
33. Modify training program to suit the needs & development of players			
34. Promote enjoyment and satisfaction amongst players in an inclusive manner			
35. Provide constructive feedback to individual players and team			
MANAGE OTHERS	MATCH	TRAINING	
36. Apply a positive and cooperative attitude towards coaches, team management, officials, parents and spectators			
MANAGE ENVIRONMENT	MATCH	TRAINING	
37. Detail the ethical responsibilities of coaches and demonstrate compliance			

At the end of the practical assessment if there is a **Not Yet Competent** discuss with the coach how to achieve a **Competent**. i.e questioning, action plan for future.



inclusion
solutions

CERTIFICATE OF COMPLETION

This certifies that

Nico Resta

has completed the Social Inclusion & Disability Awareness Training

Adam Nankin
Presenter

Kristee Jolly
Presenter

#SocialInclusionMatters

**Instituto Argentino de Tenis
("Argentine Tennis Institute")**

Authorised by the Argentine Tennis Association

Hereby certifies that

Nicolas Resta

Has undertaken the Annual Training Course
at the Argentine Tennis Institute, attaining the qualification of

National Tennis Coach

Buenos Aires, 20 December 2011

HECTOR A. ROMANI
VICEPRESIDENT 29
[signature, stamp]
A.A.T

[signature]
Fernando Tallaferro
Director

I, Karolina Koszelski, NAATI accredited translator No. CPN0RJ82Z, hereby certify that the above document is a true and accurate translation of a document from the Spanish language which begins with the words: "IAT"
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This is to certify that

Nicolas Resta

has fulfilled the requirements for

Diploma of Sport

SIS50319

Dated: 20 August 2020

Credential Number: FNA0004858

Authorised Signatory

Fit Education Pty Ltd

National Provider Code: 32155



The qualification is recognized within the Australian Qualifications Framework.
A summary of the employability skills developed through this qualification can be downloaded from
<http://employabilityskills.training.com.au>.

Transcript of Results

Participant's Name: Nicolas Resta
Qualification / Course: SIS50319 - Diploma of Sport

**Unit of Competency and Code
or Module Title and Code**

BSBADM502	Manage meetings
HLTWHS003	Maintain work health and safety
SISSSCO003	Meet participant coaching needs
SISSSCO004	Plan, conduct and review coaching programs
SISSSCO007	Apply sport psychology principles
SISSSCO008	Apply anti-doping policies
SISSSCO011	Manage integrity in sport
SISSSCO016	Coach participants in sport competition
SISXIND008	Manage legal compliance in sport and recreation
SITXHRM003	Lead and manage people
BSBRISK501	Manage risk
SISXFIN001	Develop and review budgets for activities or projects
SISXMGT001	Develop and maintain stakeholder relationships
HLTAID003	Provide first aid

20 August 2020



FNA0004858

Date Authorised

Authorised Signatory

Credential Number